# Management and Staff wish to congratulate the following persons on their birth anniversaries in October, 2019

Name of Staff	Birthday
Haimanda Singh	1st
Alison Mustapha	2nd
Simone <mark>Giles</mark>	4th
Tishan <mark>na G</mark> omes	8th
Talfaa <mark>Sampson</mark>	9th
Dr Yara <mark>Diaz</mark>	10th
Shinu Thomas	12 <sup>th</sup>
Velencia Baird-Langhorne	13th
Godfrey Sukra	15th
Claude Dennis	17th
Samiea Wahab-Cox	17th
Amanda <mark>Gr</mark> eene	17 <sup>th</sup>
Tamola <mark>Phillips</mark>	18th
Keviena Adams	20th
Bertil Noel	28th



Registered Nurses—4 positions
Midwife –2 positions
Medical Technologist—1 position
Phlebotomist—2 positions
Pharmacy Technician -1 position
Radiology Technicians—3 position
Receptionist -1 position
Security Guard –2 position
Kitchen—Canteen Manager-1 position
Ambulance Driver –2 position (Must be able to drive stick gear)

ALL APPLICANTS WILL BE EXPECTED TO WORK ALL SHIFTS





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CONTINUING WITH THE EVER EVOLVING FACE OF WOODLANDS

> 50th Anniversary Events

**Hospital Statistics** 

**Doctors Meeting** 

**Nurses Meeting** 



**Breast Cancer Awareness** 

**Health Corner** 

**Pediatric Rashes** 

-Announcements

## CONTINUING WITH THE EV

# <u>HIMS Status</u>: Nothing new WORLD PHARMACISTS DAY

World Pharmacists Day was obser world over and here at Woodlands Pharmacists, a short cultural programmer sumptuous dinner was held in the event, members of staff of the Dep The feature address was presented to apply themselves in practice es patient care) and Pharmaco-vigila In 2009, the FIP Council, Istanbul Day. On this day, pharmacists are Pharmacist's role in improving he "Safe and effective medicines for The theme for 2019, aims to prom through improving medicines use "Pharmacists use their broad know from their medicines. We ensure a adherence, and coordinate care tra Pharmacists are charged with the will not cause harm", says FIP Pre Woodlands Limited says "Thank" the practice of Pharmacy at the ho







CALENDAR OF EVENTS

LAUNCHING OF 50TH ANNIVERSARY CELEBRATION, UN-VEILING OF DIRECTORS PLAQUE

-June 2, 2019 at 09:00 hrs., Woodlands Limited Foyer **DOCTORS' CONTINUING** Medical **EDUCATION** 

June 16, 2019 at 08:30 hrs. Marriott Hotel

**MEDICAL OUTREACHES** 

August 11 2019 06:00 hrs. Zeelugt Primary School

November 10, 2019 06:00 hrs. Linden. March, 2020 06:00 hrs. Berbice. **GRAND BALL** 

JUNE 6, 2020 19:00 hrs. Marriott Hotel

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#### 2019 at 17:00 hrs. Chairperson -Dr. Hardat Persaud Pediatrics by Dr. Hardat Pesaud

#### /NA/LPN

RENESS MONTH 2019 'Give Hope. Save Lives.' the cells of the breast grow out of control and can spread in spread (metastasise) to distant areas of the breast. Vomen, however, men also have breast tissue and as a result, etc.

a small amount of breast tissue consisting of a few ducts areola until puberty, but at this stage, as the girls' ovaries of begin to grow and lobules form at the end of the ducts. It levels of female hormones and as a result, their breast ey would have ducts but only a few if any lobules. It with the identification of breast cancer is a lump. The nipple or areola.

llow under your right shoulder fingers on your left hand to check your right breast m pressure in a circle without lifting your fingers off the

above and below your collarbone and in your armpit your right hand le bathing or showering using soapy hands.

mal. Inspect your breasts in four steps: Hold arms at your Press your hands on your hips and tighten your chest r hands on your hips

detected by a lump in the breast, it is important to note that its cancer and not all cancer cases are detected by a lump. ast cancer as well.

Nipple Feels & Appearance arly Clear Discharge Or Bloody Discharge st cancer include: Swollen lymph nodes st Ultrasound -.Biopsy

: Fine-needle aspiration, Core-needle biopsy, Surgical

cancer, additional analysis to assist with prognosis may be gen (ER), progesterone (PR) and HER2. Results from these ch cancer treatment options may be most effective for you.

ent options, and most treatment plans include a combination on, hormone therapy, chemotherapy, and targeted therapies. area around the tumour. Others are systemic, targeting your agents.

getting state-of-the-art cancer treatment are the most deaths from breast cancer. Breast cancer that's found early, and, is easier to treat successfully. Getting regular screening find breast cancer early. The size of breast cancer and how most important factors in predicting the prognosis (outlook)

GE TO LEARN ABOUT OUR BREAST CANCER SCREENING AND



# **COMMON RASHES S**

A rash is a change of the human skin which affects its color, appearance, or texture.

A rash may be localized in one part of the body, or affect all the skin. Rashes may cause the skin to change color, itch, become warm, bumpy, chapped, dry, cracked or blistered, swell, and may be painful. The causes, and therefore treatments for rashes, vary widely

#### **Mongolian Spot**

Mongolian spots are a type of birthmark caused by the pigment in the skin.



#### **Erythema Toxicum**

Common rash in neonates. It appears in up to half of Term newborns, usually between day 2–5 after birth; it does not occur outside the neonatal period. Characterized by blotchy red spots on the skin with overlying white or

yellow papules or "pustules".



#### **Cutis Marmorata**

Pinkish blue mottled or marbled appearance when subjected to cold temperatures.

Rewarming usually restores the skin to its normal appearance.



#### **Salmon Patch**

Salmon patches (called a "stork bite" at the back of the neck or an "angel's kiss" between the eyes) are simple nests of blood vessels (probably caused by maternal hormones) that fade on their own after a few weeks or months.



#### Strawberry Hemangioma

A strawberry nevus (hemangioma) is a red birthmark named for its color. This red tinge of skin comes from a collection of blood vessels close to the skin's surface.



These birthmarks most commonly occur in young children and infants.

#### Milia

Milia are tiny white bumps that appear across a baby's nose, chin or cheeks. Milia are common in newborns but can occur at any age. They usually disappear on their own in a few weeks or months.

